



Understanding of connections when ...

Change things by changing things (Co2 and water market)

In CEIP Mozart, students, teachers and parents engaged in the organization of a local market within the school community for the exchange of good-condition T-shirts. They could calculate the CO₂ and water savings associated with wearing a second-hand T-shirt using a weighing scale and a carbon and water footprint calculator (taking into account the weight and the type of textile.). Participants received CO₂ and water vouchers reflecting the savings compared to buying a new T-shirt, and signed a commitment agreement not to buy a new T-shirt.

At the end of the activity, the total savings made by the school through this intervention were calculated, after which participants engaged in a deliberative workshop to reflect on their experience.

The market helped to understand the links between environmental challenges and consumption patterns. It also promoted lifecycle thinking, identifying the root causes of environmental impacts at a personal level and encouraging a critical re-evaluation of previous assumptions. For example, the idea that a single T-shirt is insignificant was challenged. Students became aware of the various environmental impacts of different types of textiles, such as water consumption and CO₂ emissions, and possible simple solutions, such as reusing T-shirts.